# **COURSE CONTENTS**

**CHAPTER 7** 

- To Grumble

- To Override

Littered With

- Demise

Level-Headed

Knock-On Effect

- To Buck The Trend

- To Take It On The Chin

- To Duck The Issue/Question

Lesson 1

### **CHAPTER 5**

### Lesson 3

- To Rekindle
- To Ruffle Someone's Feathers
- Red Tape
- To Read Between The Lines
- Uncanny
- To Pass The Buck
- To Do Away With
- Rule Of Thumb
- To Spur On
- To Peak

## **CHAPTER 6**

#### Lesson 1

- Red Herring
- To Clash
- Stickler
- Disarray
- To Feel The Pinch
- To Be Vindicated
- A Blow

Lesson 2

- To Unveil

- Upheaval

- Shortcomings

- To Play It By Ear

To Mount Up

- To Squander

- In The Nick Of Time

- To Pull Someone Up On Something
- The Jury Is Still Out
- Insight, Insightful

 An Accident Waiting To Happen

- To Put On A Brave Face

- To Be In The Same Boat

## Lesson 2

- To Mull Over
- Flavour Of The Month
- To Undercut
- There's No Love Lost Between ...
- To Come With Strings Attached
- Par For The Course
- Groggy
- To Flick/Flip Through, A Flick/Flip Through
- To Be Way Off The Mark
- To Bear The Brunt Of

## Lesson 3

- Bereft
- To Beggar Belief
- Rash/Hasty
- Gall, Galling
- To Get One's Just Deserts
- To Vilify
- To Put Someone In Their Place
- Reckless
- To Fall From/Out Of Grace
- Bleary-Eyed

## Lesson 3

- To Be Enshrined In Law
- To Loom
- To Strike A Chord
- To Set/Get The Ball Rolling
- Whitewash
- In A Huff
- To Tick All The Right Boxes
- Vicious Circle
- To Rein In
- The Bottom Line



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# **COURSE CONTENTS**

## **CHAPTER 8**

### Lesson 1

- To Take A Swipe At
- To Overdo
- Credit Where Credit's Due
- To Delve Into
- Sporadic
- To Take One's Hat Off To
- To Ring/Sound Alarm Bells
- To Demonize
- To Cut Off One's Nose To Spite One's Face
- To Fester

## Lesson 2

- To Get Short Shrift From Someone
- To Tarnish
- To Twiddle One's Thumbs
- To Slash
- Overstretched
- To Sit On Something
- To Milk It/This
- To Be In Awe Of Someone
- To Set In Stone
- Stance

## Lesson 3

- Hunch
- To Rant, A Rant
- To Take Someone To Task For/Over Something
- Watershed
- Shrinking Violet
- To Pay Lip Service To
- To Allude To, Allusion
- To Plough (Back) Into
- To Fly In The Face Of
- To Unravel

## **CHAPTER 9**

#### Lesson 1

- To Rest On One's Laurels
- To Blend In
- Entrenched
- To Agree To Disagree
- To Gloat
- Half-Hearted
- Not To Hold Your Breath
- To Gloss Over
- To Dig One's Heels In
- To Go Off The Rails

## Lesson 2

- To Muddle Up
- To Find Wanting
- Smug
- To Wince
- To Fend For
- To Lap Up
- Few And Far Between
- To Have A Word With Someone
- To Weather The Storm
- To Outclass

## Lesson 3

- To Get One's Act Together
- Sluggish
- Root And Branch Reform
- To Click/Gel
- "I Could Have Sworn"
- To Get Worked Up About/Over
- To Tick Over
- To Pander To
- The Tip Of The Iceberg
- To Count One's Blessings
- To Pan Out



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